

ECOSystems 2023-2-FR02-KA220-YOU-000179634

Activity Report: Local Learning Action Phases in Italy

On behalf of New Wellness Education APS

Prepared as a consolidated attachment for ECOSystems project reporting

Reporting focus: Local actions implemented in Alta Langa and related territories

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Abstract: Mapping of Local Learning Actions in Italy

This report presents the Local Learning Action Phases implemented by New Wellness Education APS within the framework of the ECOSystems project. The actions translated the project educational approach into place-based, community-oriented and sustainability-related learning experiences in rural and inner areas of Piedmont.

The report documents the implementation formats, participant profiles where available, methodologies used, key learning outcomes and dissemination efforts related to each local action. The structure takes inspiration from the Greek partner report while adapting the content to the Italian activities and to the source files provided.

Keywords: eco-communities, non-formal education, environmental awareness, youth empowerment, territorial regeneration, Alta Langa

Glossary

Abbreviation	Expanded Form	Description
ES	ECOSystems	The official name of the project.
LLAP	Local Learning Action Phase	Activities implemented locally based on the project methodologies.
NFE	Non-formal Education	An organised pedagogical approach implemented outside formalised educational institutions.
F.O.	Fewer Opportunities	People facing social, economic, geographical or other barriers to participation.
KPI	Key Performance Indicator	A metric used to assess the baseline or expected outcome of an activity.
NBS	Nature-Based Solutions	Actions inspired or supported by nature that address social and environmental challenges.

Executive Summary

The five local actions described in this report demonstrate how non-formal education methodologies can support environmental awareness, practical sustainability skills and stronger community engagement in rural and inner areas.

Across the actions, participants engaged in experiential and community-based learning processes that combined reflection, practical application, collaboration and direct interaction with local environments.



The actions ranged from strategic stakeholder dialogue to public festivals, residential training and farm-based learning.

Based on the source files and the subsequent clarifications and supplementary evidence provided by New Wellness Education APS, the actions documented 48 official or registered participants, plus an estimated 100/200 external visitors for each of the two ECOFestival editions. This means that beyond the registered participants, the overall outreach of the actions was significantly wider.

The report presents the actions in chronological order and clearly distinguishes between confirmed data and information that was not systematically collected in the source material.

1.0 Introduction

The ECOSystems project supports eco-communities, initiatives and organisations in creating local learning experiences connected to sustainability, ecological awareness and community resilience. Within this framework, New Wellness Education APS developed a series of local actions rooted in the territorial reality of Alta Langa and nearby areas.

The actions included in this report were organised by New Wellness Education APS and connected to local actors, rural communities, cultural initiatives, farms and educational processes. Together they show how environmental education can be embedded in community life and in concrete local practices.

2.0 Preparation and Approach

The preparation of the local learning actions was based on collaboration with local actors and on the adaptation of ECOSystems themes to existing territorial processes. The actions were not designed as isolated events but as opportunities to reinforce ongoing local dynamics related to sustainability, youth engagement and territorial regeneration.

The educational approach combined experiential learning, place-based education, facilitated reflection, practical participation and collective exchange. Rather than focusing only on theoretical input, the activities connected learning to territory, relationships and practice.

Where available, the source files include attendance lists, photos, dissemination links and programme pages. Where information was not available in the source files, or was provided later by New Wellness Education APS, the report explicitly indicates this.

Here a list of other organisations involved in the Local Actions:

Vagamondo aps

Fondazione Agrion

Associazione Parco Culturale Alta Langa

Cibus Infabula

Cooperativa Bio Langa

Nuove Rotte Organismo Agricolo

Municipality of Bergolo

3.0 Local Learning Actions

The local learning actions are presented below in chronological order according to the dates available in the source files and the additional clarifications provided by New Wellness Education APS. For clarity, the chronological numbering used in this report may differ from the original file labels.

Code	Local Learning Action	Date	Location	Participants
LLAP 1	ECOFestival Bergolo 2025: Environment, Community and Territorial Regeneration	9–10 August 2025	Bergolo, Alta Langa, Italy	8 registered participants + approx. 100/200 external visitors
LLAP 2	Strategic Meeting with Local Actors for Local Empowerment and Impact Generation	30 September 2025	Cortemilia, Italy	9
LLAP 3	Scuola di Progettazione Territoriale: Giovani per il Territorio	7–10 May 2026 + connection with ECOFestival Bergolo, 20–21 June 2026	Bergolo, Alta Langa, Italy (attendance list also indicates Cravanzana and Bergolo as part of the activity context)	10 participants
LLAP 4	ECOFestival Bergolo 2026: Environment, Culture, Memory and Territorial Regeneration	20–21 June 2026	Bergolo, Alta Langa, Italy	8 registered participants + approx. 100/200 external visitors
LLAP 5	Nuove Rotte: Farm Visit, Biodynamic Agriculture and Fermentation Workshop	23 July 2026	Nuove Rotte Organismo Agricolo, Cherasco, Italy	13

3.1 LLAP 1 - ECOFestival Bergolo 2025: Environment, Community and Territorial Regeneration

Item	Information
Location	Bergolo, Alta Langa, Italy
Date	9–10 August 2025
Organised by	New Wellness Education APS / ECOFestival Bergolo
In collaboration with / support of	local associations, farms, cultural initiatives and territorial stakeholders
Number of participants	8 registered participants + approx. 100/200 external visitors
Target group	Young people, local community members, volunteers, families, visitors, farmers, associations, artists and territorial actors.

Brief description

ECOFestival Bergolo 2025 was a cultural and territorial event held in Bergolo with the aim of creating a public space for environmental awareness, community participation, agroecological learning and reflection on sustainable ways of inhabiting inner areas. Through a multidisciplinary format, the festival connected ecological themes with culture, food, social life and local identity.

Activity implemented

The programme combined workshops, public talks, project presentations, concerts, artistic activities, children's workshops, local food stands and a market of local products. Activities included sessions on soil fertility, regenerative agriculture, biodiversity, sustainable mobility, beekeeping and local food systems. The festival functioned as an open community event where formal programme elements and informal exchanges reinforced each other.

Non-formal education methodology

The festival used experiential learning, place-based education, public discussion, peer exchange and community participation. Participants learned through practical workshops, talks with practitioners and direct interaction with the local environment and with people active in the territory.

Learning outcomes

- increase awareness of environmental sustainability and agroecological practices
- learn about soil fertility, biodiversity, beekeeping and regenerative agriculture
- reflect on the role of peasants, local food systems and sustainable production models
- explore the connection between agriculture, community, culture and territorial regeneration
- discover concrete examples of sustainable mobility, circular practices and local initiatives
- engage with local actors and community projects active in Alta Langa
- experience a rural festival as a space for non-formal learning, participation and collective reflection

Results and outcomes

The event translated ECOSystems values into a public, accessible and community-based experience. It strengthened Bergolo as a place for experimentation, dialogue and eco-social learning, supported the visibility of local actors and contributed to wider environmental awareness in the territory.

Dissemination and documentation

- Photos: <https://www.ecofestival.info/foto-2025>
- Attendance list: Google Sheets link provided in source file
- Festival programme: <https://www.ecofestival.info/programma2025>
- Activity descriptions: <https://www.ecofestival.info/attivit-2025>
- Social media: <https://www.instagram.com/ecofestival.bergolo/>

3.2 LLAP 2 - Strategic Meeting with Local Actors for Local Empowerment and Impact Generation

Item	Information
Location	Cortemilia, Italy
Date	30 September 2025
Organised by	New Wellness Education APS
In collaboration with / support of	Cibus in Fabula, Biolanga, Revolution Culture, Parco Culturale Alta Langa APS, Vagamondo APS
Number of participants	9
Target group	Local stakeholders, associations, young people, community actors and organisations active in rural and inner areas.

Brief description

The action involved actors active in the Alta Langa area and connected to sustainability, local food systems, cultural initiatives and community engagement. The meeting explored possible collaborations to raise awareness among local youth and to strengthen the local dimension of the ECOSystems project.

Activity implemented

Participants discussed activities that could be developed locally to raise awareness among young people and strengthen participation in sustainability-related initiatives. The discussion focused on collaboration opportunities, the meaning of local community-building and the potential of existing events such as ECOFestival. A Wheel of Impact-inspired exercise was used to encourage systemic reflection on local impact generation.

Non-formal education methodology

Facilitated discussion, participatory reflection and collective analysis were used as non-formal education methods. The Wheel of Impact-inspired exercise helped participants move from isolated ideas to a more systemic understanding of local change and collaboration.

Learning outcomes

- reflect on the role of local actors in promoting sustainability and youth empowerment
- identify possible collaborations between organisations active in the territory
- explore how existing events, such as ECOFestival, can generate stronger local impact
- apply a systemic thinking approach inspired by the Wheel of Impact
- discuss the meaning of local community-building in rural and inner areas
- connect ECOSystems themes with concrete local initiatives and future actions

Results and outcomes

The meeting created a shared space for dialogue between different local actors and strengthened the possibility of future cooperation. Participants identified ECOFestival as a potential platform for wider

engagement and reflected on how local alliances can reinforce sustainability education and youth empowerment.

Dissemination and documentation



Lista Partecipanti

Progetto: ECOSystems

Codice progetto: 2023-2-FR02-KA220-YOU-000179634

Titolo dell'attività: LOCAL ACTORS MEETING

Data: 30/08/2025

Luogo: CORTEMILA

N.	Nome e Cognome	Firma
1	MARIA MORENDA	<i>Maria Morenda</i>
2	MARCO BICCO	<i>Marco Bico</i>
3	ANTONIO GRECO	<i>Antonio Greco</i>
4	PIERO BRUSCO	<i>Piero Brusco</i>
5	GIULIA BRUSCO	<i>Giulia Brusco</i>
6	PABRIZIO GALLO	<i>Pabrizio Gallo</i>
7	ALEX LEON	<i>Alex Leon</i>
8	DAMIANO ANGELINI	<i>Damiano Angelini</i>
9	PAOLO BARBERO	<i>Paolo Barbero</i>
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3.3 LLAP 3 - Scuola di Progettazione Territoriale: Giovani per il Territorio

Item	Information
Location	Bergolo, Alta Langa, Italy (attendance list also indicates Cravanzana and Bergolo as part of the activity context)
Date	7–10 May 2026 + connection with ECOFestival Bergolo, 20–21 June 2026
Organised by	New Wellness Education APS
In collaboration with / support of	With the support of Fondazione Agrion
Number of participants	10 participants
Target group	Young people aged 18–30, students, young professionals and activists, with priority given to people with fewer opportunities.

Brief description

The Scuola di Progettazione Territoriale – Giovani per il Territorio was a residential training programme promoted within ECOSystems – Open Communities. It aimed to involve young people in participatory territorial design, Nature-Based Solutions and systemic change in rural and inner areas.

Activity implemented

The four-day residential school focused on territorial planning, sustainability and youth participation. Participants lived and worked together, alternating theoretical sessions, practical tools, group work and field-based exploration. The programme included Theory of Change tools, systemic analysis of territories, co-design laboratories, local exploration and the development of project ideas to be connected with the wider ECOFestival process.

Non-formal education methodology

The school used experiential learning, active facilitation, small-group work, alternation between theory and practice, and collective reflection. The methodology moved from knowledge acquisition to practical application and encouraged participants to test tools in a real territorial context.

Learning outcomes

- increase understanding of participatory territorial design
- learn basic tools related to Theory of Change and systemic analysis
- explore the role of Nature-Based Solutions in inner and rural areas
- analyse a territory as a complex system of actors, relationships, challenges and opportunities
- better understand the link between sustainable agriculture, local food systems and territorial regeneration
- work in groups to develop a concrete project idea
- prepare a contribution to be presented during ECOFestival Bergolo

Results and outcomes

The action created a structured learning opportunity for young people interested in sustainability, territorial regeneration and community-based action. It supported youth empowerment by helping participants transform ideas into project proposals and by strengthening the connection between training, sustainable agriculture and territorial regeneration.

Dissemination and documentation

- Programme / dissemination page: <https://www.ecofestival.info/ecosystems>
- Social media post: https://www.instagram.com/p/DYxMySoiDDi/?img_index=1
- Attendance list

1. Lista Partecipanti

Progetto: ECOSystems

Codice progetto: 2023-2-FR02-KA220-YOU-000179634

Titolo dell'attività: Scuola di Progettazione Partecipata con il supporto di Fondazione Agrion (Cravanzana)

Data: 7 - 10 Maggio

Luogo: Cravanzana, Bergolo

N.	Nome e Cognome	Firma
1	Ariele Muzzarelli	<i>Ariele Muzzarelli</i>
2	Carlo Carli	<i>Carlo Carli</i>
3	Nicolò Vero	<i>Nicolò Vero</i>
4	Carlo Santero	<i>Carlo Santero</i>
5	Aitana Cabarcos	<i>Aitana Cabarcos</i>
6	Giulia Ghibaudo	<i>Giulia Ghibaudo</i>
7	Veselin Marinov	<i>Veselin Marinov</i>
8	Matteo Mengato	<i>Matteo Mengato</i>
9	Annamaria Siano	<i>Annamaria Siano</i>
10	Lavinia Parlavecchio	<i>Lavinia Parlavecchio</i>

3.4 LLAP 4 - ECOFestival Bergolo 2026: Environment, Culture, Memory and Territorial Regeneration

Item	Information
Location	Bergolo, Alta Langa, Italy
Date	20-21 June 2026
Organised by	New Wellness Education APS / ECOFestival Bergolo
In collaboration with / support of	local associations, farms, artists, cultural initiatives and territorial stakeholders
Number of participants	8 registered participants + approx. 100/200 external visitors
Target group	Young people, local community members, volunteers, families, visitors, artists, farmers and territorial actors.

Brief description

ECOFestival Bergolo 2026 was a cultural and territorial festival held during the summer solstice weekend. Starting from the original meaning of “eco” as oikos (“home”), the festival proposed a reflection on the way we inhabit places, communities and landscapes, linking environment, culture, memory, participation and care.

Activity implemented

The 2026 edition aimed to strengthen the festival as a space for social and territorial regeneration. Through workshops, walks, meetings, screenings, artistic performances, installations, children’s activities and convivial moments, the programme promoted dialogue on agricultural knowledge, intergenerational exchange, soil and landscape regeneration, art as territorial interpretation and new forms of participation in inner areas.

Non-formal education methodology

The festival used experiential learning, place-based education, community dialogue and multidisciplinary participation. Participants learned through direct engagement with the territory, artistic practices, local knowledge exchange and informal interaction among community members and visitors.

Learning outcomes

- increase awareness of environmental sustainability and territorial regeneration
- reflect on the meaning of inhabiting rural and inner areas in a conscious way
- explore the connection between environment, culture, memory and community care
- learn from traditional agricultural knowledge and intergenerational exchange
- understand the role of art and storytelling in interpreting and activating territories
- experience how a local festival can become a space for learning, participation and collective imagination



Results and outcomes

The 2026 edition continued and expanded the work started in previous editions. It reinforced the festival as a recurring platform for sustainability education, cultural activation and territorial reflection, while offering visitors a shared space for dialogue and participation.

Dissemination and documentation

- Programme / activities page: <https://www.ecofestival.info/programma2026>
- Attendance list or audience estimate: Google Sheets link provided in source file
- Social media: <https://www.instagram.com/ecofestival.bergolo/>

3.5 LLAP 5 - Nuove Rotte: Farm Visit, Biodynamic Agriculture and Fermentation Workshop

Item	Information
Location	Nuove Rotte Organismo Agricolo, Cherasco, Italy
Date	23 July 2026
Organised by	New Wellness Education APS
In collaboration with / support of	Nuove Rotte Organismo Agricolo
Number of participants	13
Target group	Young people, local youth, participants interested in sustainable agriculture, food transformation and environmental learning.

Brief description

This local action took place at Nuove Rotte Organismo Agricolo, an agricultural reality based in Cherasco. The initiative offered participants the opportunity to visit the farm, discover its approach to biodynamic agriculture and explore the concept of the farm as an “organismo agricolo” – a living system that integrates soil, plants, animals, people and landscape.

Activity implemented

Participants visited the farm and were introduced to its vision, practices and agricultural model. The visit included an introduction to biodynamic agriculture, with particular attention to the idea of the farm as an interconnected ecological organism. The group explored cultivated areas and received practical explanations in the field. The programme also included a fermentation workshop, offering a concrete introduction to food transformation as a sustainability practice connected to preservation, reduction of waste and local food culture.

Non-formal education methodology

The activity used experiential learning, farm-based education, direct observation and practical participation. Guided explanation, direct contact with the agricultural context and a hands-on fermentation activity supported learning through experience and dialogue.

Learning outcomes

- gain a basic understanding of biodynamic agriculture
- explore the concept of the farm as a living agricultural organism
- reflect on the interconnection between soil, plants, people, food and territory
- understand the role of farms as spaces for ecological education and community learning
- develop practical knowledge related to fermentation and food transformation
- connect food preservation practices with sustainability, waste reduction and local food systems

Results and outcomes

The visit created a direct connection between young people and a local agricultural initiative committed to sustainable and holistic farming practices. The fermentation workshop added a practical dimension that

linked ecological thinking with concrete food practices. The attached supplementary evidence strengthens the documentation of the activity through the attendance list and visual documentation.

Dissemination and documentation

- Attendance list

1. Lista Partecipanti

Progetto: ECOsystems
Codice progetto: 2023-2-FR02-KA220-YOU-000179634
Titolo dell'attività: Organismo Agricolo Nuove Rotte
Data: 23 Luglio
Luogo: Cherasco

N.	Nome e Cognome	Firma
1	Júlia Also	Júlia Also
2	Savannah Colin	Savannah Colin
3	Mart Lehtma	Mart Lehtma
4	Ivan Andres Gomez	Ivan Andres Gomez
5	Lile Egutidze	Lile Egutidze
6	Sara Alvarez	Sara Alvarez
7	Yana Solop	Yana Solop
8	Anurag Meena	Anurag Meena
9	Myroslav Hrynychak	Myroslav Hrynychak
10	Sofia Popova	Sofia Popova
11	Ömer Tekiner	Ömer Tekiner
12	Jikke Zwartkuis	Jikke Zwartkuis
13	Matteo Mincarelli	Matteo Mincarelli

- Photo documentation



Nuove Rotta photo 1



Nuove Rotta photo 2



Nuove Rotta photo 3



Nuove Rotta photo 4



Nuove Rotta photo 5



Nuove Rotta photo 6

4.0 KPI Overview

The following overview consolidates the available indicators from the five local action source files, integrating the later clarifications provided by New Wellness Education APS.

Indicator	Available result
Number of local actions documented	5
Number of actions with confirmed dates	5
Number of actions with missing implementation date	0
Official / registered participants documented	48
Additional external participants	Approx. 100/200 external visitors for ECOFestival 2025 and approx. 100/200 external visitors for ECOFestival 2026

5.0 Participant Overview

The source files define the target groups for the actions but do not provide a complete age breakdown for all participants. For this reason, this report does not divide participants into youth/adult categories numerically across all activities, and instead reports the target groups and official participation figures that were explicitly documented.

Age breakdown was not systematically collected for all local actions. However, the activities were designed to target young people, local youth, youth workers and community actors.

Specific fewer-opportunities categories were not systematically collected for all activities. However, the activities targeted young people living in rural and inner areas, which are recognised as contexts with limited access to educational, cultural and participation opportunities.

Action	Name	Participants	Target group
LLAP 1	ECOFestival Bergolo 2025: Environment, Community and Territorial Regeneration	8 registered participants + approx. 100/200 external visitors	Young people, local community members, volunteers, families, visitors, farmers, associations, artists and territorial actors.
LLAP 2	Strategic Meeting with Local Actors for Local Empowerment and Impact Generation	9	Local stakeholders, associations, young people, community actors and organisations active in rural and inner areas.
LLAP 3	Scuola di Progettazione Territoriale: Giovani per il Territorio	10 participants	Young people aged 18–30, students, young professionals and

			activists, with priority given to people with fewer opportunities.
LLAP 4	ECOFestival Bergolo 2026: Environment, Culture, Memory and Territorial Regeneration	8 registered participants + approx. 100/200 external visitors	Young people, local community members, volunteers, families, visitors, artists, farmers and territorial actors.
LLAP 5	Nuove Rotte: Farm Visit, Biodynamic Agriculture and Fermentation Workshop	13	Young people, local youth, participants interested in sustainable agriculture, food transformation and environmental learning.

6.0 Learning Outcomes

Participants across the local actions engaged with different but connected ecological and territorial themes. Despite the diversity of formats, recurring learning outcomes emerged across the actions.

- stronger ecological awareness and understanding of sustainability practices
- increased capacity to connect local development with environmental education
- greater understanding of community participation and local empowerment
- practical knowledge related to agroecology, biodynamic agriculture, soil care, fermentation and food transformation
- increased familiarity with Nature-Based Solutions, Theory of Change and systemic analysis
- reflection on rural and inner areas as living systems of relationships, memories, challenges and opportunities
- strengthened connections between young people, local actors and community initiatives

The actions highlighted the value of environmental education rooted in lived experience. Rather than engaging with sustainability only as a theoretical concept, participants were encouraged to test, discuss and connect it with concrete territorial realities.

7.0 Dissemination and Visibility

All source files included dissemination or documentation elements, although the level of completeness varied. Dissemination and visibility were supported through festival pages, social media posts, programme pages, attendance lists and photo documentation.

Local action	Available dissemination / documentation
ECOFestival Bergolo 2025	Photos, attendance list, programme page, activities page and Instagram account provided
Strategic Meeting	Photo and attendance list included
Scuola di Progettazione Territoriale	Programme page, attendance list and Instagram post provided
ECOFestival Bergolo 2026	Programme page, attendance/audience link and Instagram account provided
Nuove Rotte	Attendance list and photo documentation